

Rewards App Activation Guide

To join and activate Live Young, there are two parts of procedures as follows. Just 10 minutes to complete!

Part 1: Member Registration

Register as a member of Live Young Rewards Program at Live Young Official Site

Part 2: App Activation

Activate Live Young Rewards App

Appendix: Data Connection

STEP
1

Go to **Live Young Official Site**
(<https://www.boclif.com.hk/en/liveyoung/home.html>)
and click “Register Now”

STEP
2

11:27

First Name
Tai Man

Date of Birth
Choose a date

Email Address(Member ID)
Please ensure the email address is valid. The email address will be your member account and is used to receive the latest news and promotions of the Live Young Rewards Program
abc@abc.com

Confirm Email
abc@abc.com

Holder of any valid BOC Life Selected policy?

Personal Identity Document Number
Please enter the Personal Identity Document Number (including letters and numbers) upon your policy application without the bracket, e.g. A1234567 for HKID card no. A123456(7).
Enter the characters

Send verification code

Fill in your personal information

- 1 The email address will be the Member ID for your login in future and will be used for member communications.
- 2 If you are a holder of BOC Life selected policy, and the policy is still effective, please be reminded to select “Holder of any valid BOC Life selected Policy”, and enter your Personal Identity Document Number for verification. You will be entitled to more member services.

11:27

Mobile Phone Number
+852 Enter the number

Please enter the characters of the image
Refresh the image
Enter

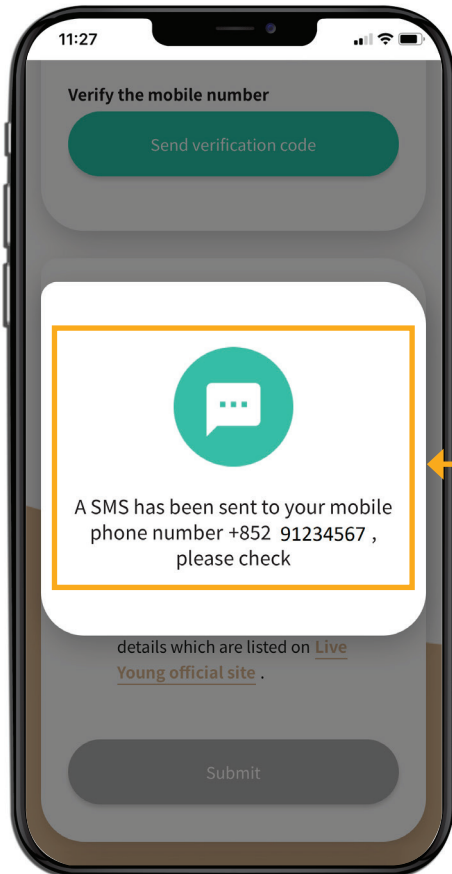
Verify the mobile number
Send verification code

Promo code (if applicable)
Enter the number

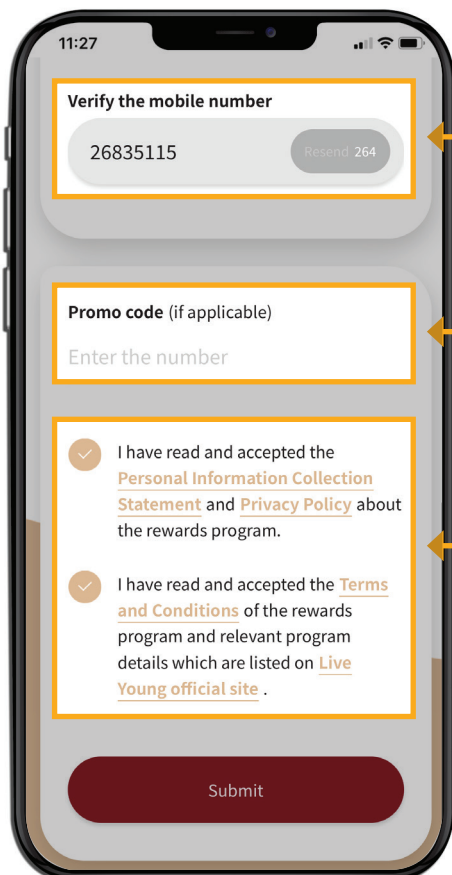
I have read and accepted the [Personal Information Collection Statement](#) and [Privacy Policy](#) about the rewards program.

I have read and accepted the [Terms and Conditions](#) of the rewards

- 3 You need to enter a valid Hong Kong mobile phone number to receive the verification code.
- 4 Then, please follow the instruction and enter the characters in the image.
- 5 Click “Send verification code”.



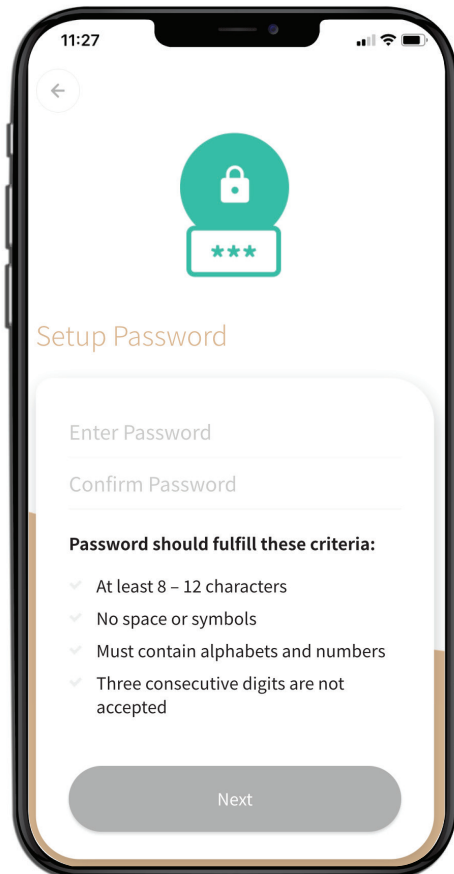
6 Verification Code will be sent to your mobile phone number.



7 You can enter your Verification Code to pass the verification.

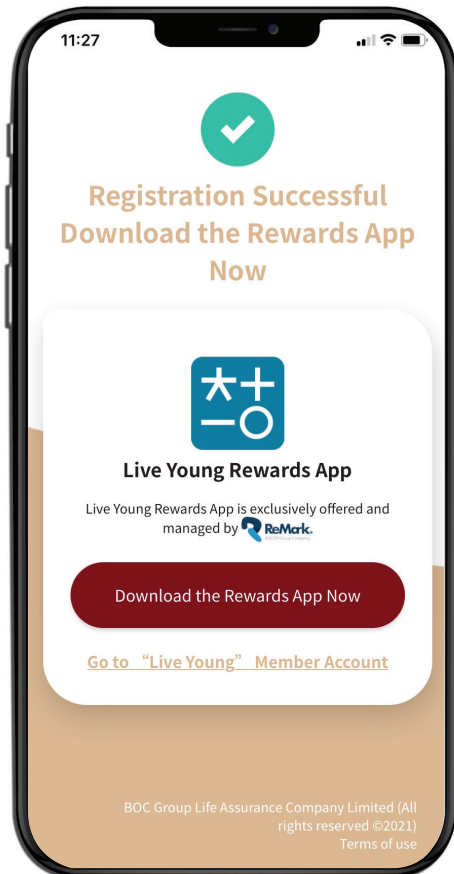
8 If you have Promo Code for your registration, you can enter here.

9 Finally, please read and click "accept" on the "Personal Information Collection Statement", "Privacy Policy", Terms and Conditions of the Rewards Program, then click "Submit".

STEP
3

Set a password

Now, you can set a password.

STEP
4

Member registration completed

You have successfully registered as a member of Live Young Rewards Program.

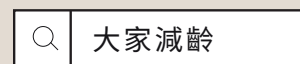
Please click “Download Rewards App Now” to complete the account activation procedure.

Then you can enter procedures of Part 2: App Activation.

You can also download Live Young Rewards App from App Store or Google Play.



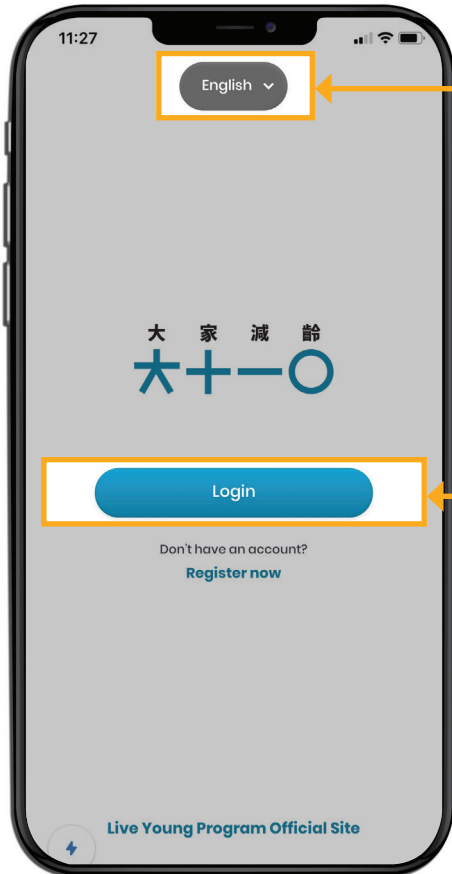
大家減齡



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Note: Some Huawei mobiles do not support Google Play

STEP
1

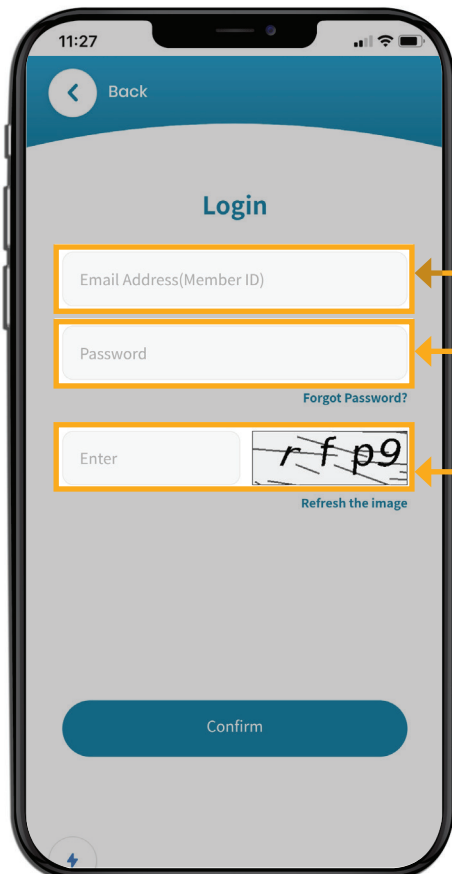


Login to Rewards App

1 Please select language

2 Click Login

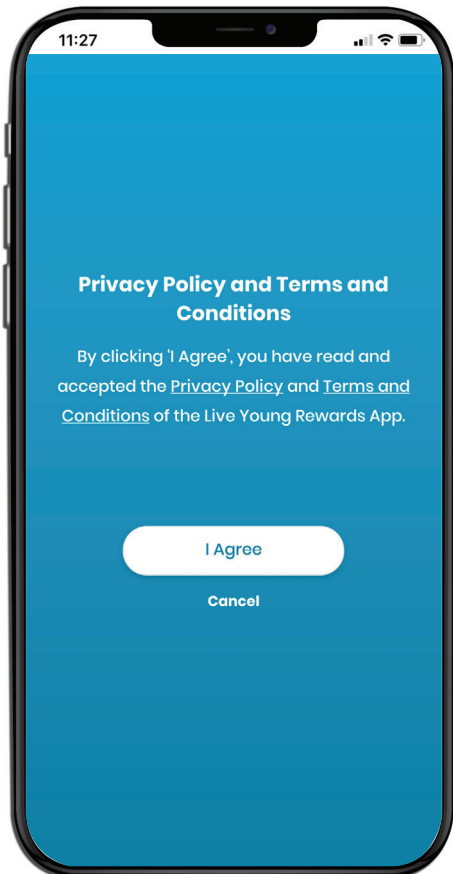
STEP
2



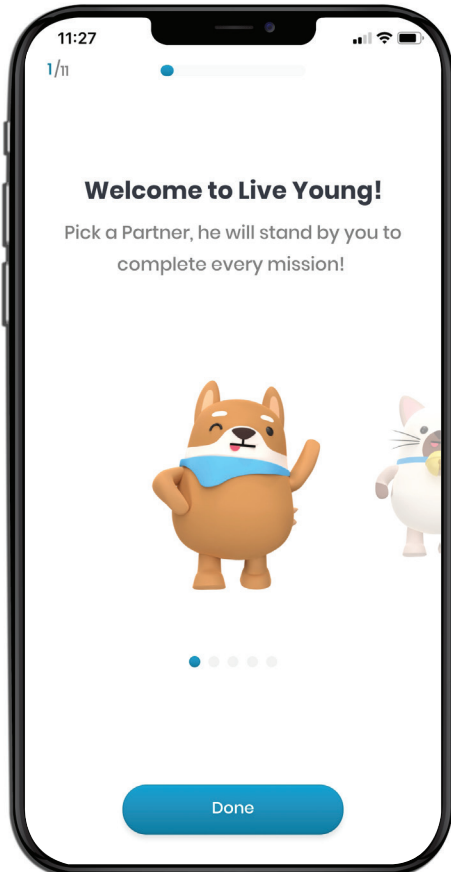
3 Please enter your Registered Email Address.

4 Please login with password set up during registration.

5 Enter the Verification Code

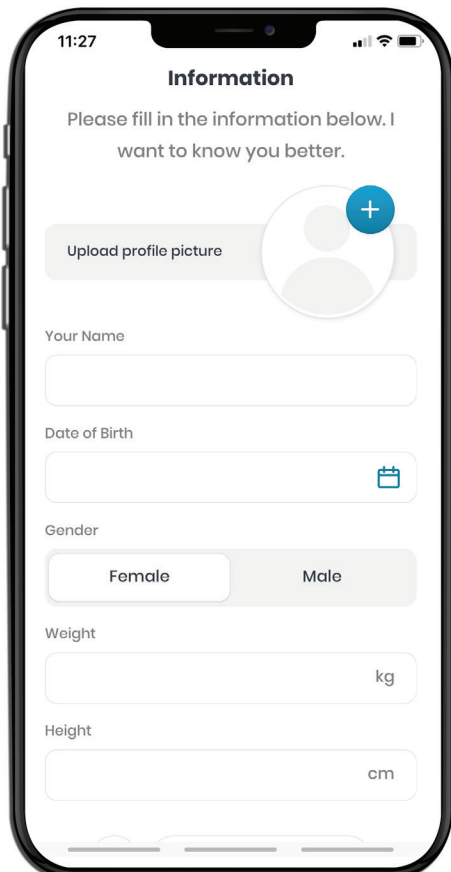
STEP
2

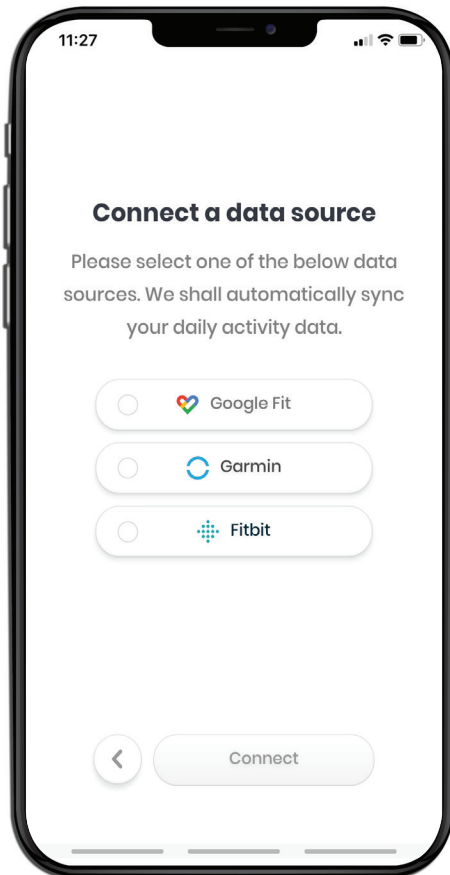
Read the Privacy Policy and Terms and Conditions of the Rewards App, and click “I Agree”

STEP
3

Set up your account

- 1 Pick a Partner, and enter your name, date of birth, gender, height and weight, and upload profile picture.



STEP
4

Connect a data source

We need to synchronize your daily activity data for the calculation of Bio Age Result.

- 1 Please select a health data source.

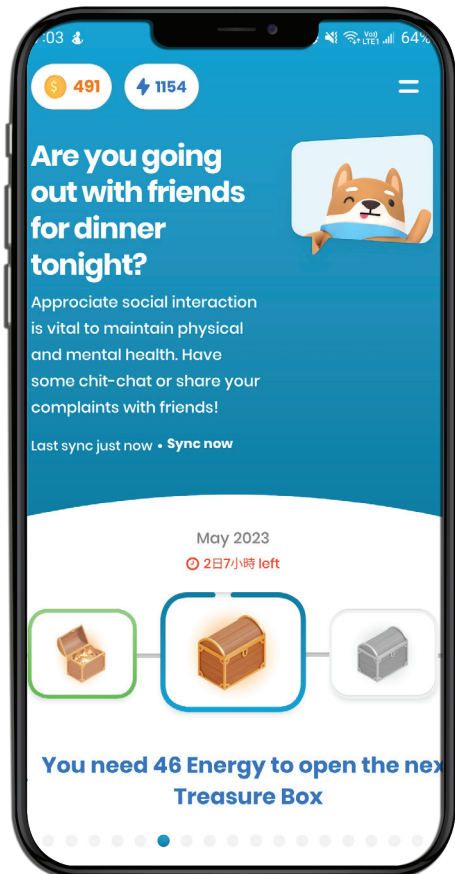
Please [click here](#) to the appendix for the data connection tutorial.

STEP
5

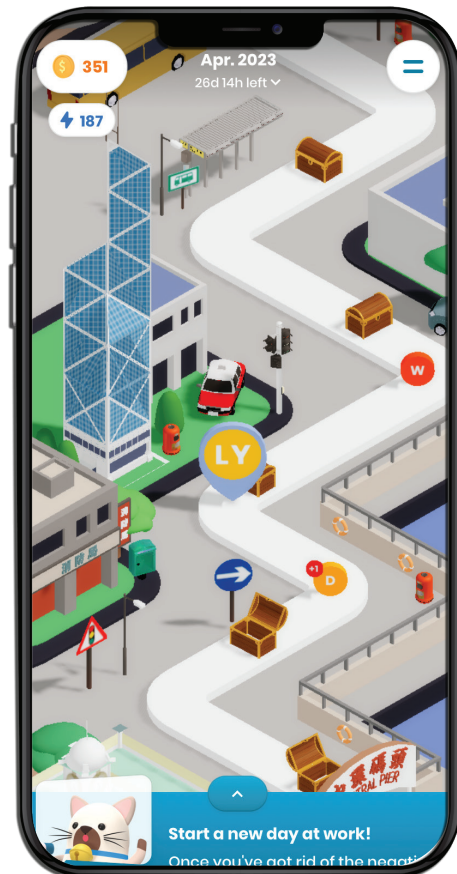
You have finished setting up the App, please enjoy the Live Young healthy lifestyle now!

Be reminded to turn on the “Receive Notifications” in the App to receive details of Live Young’s latest activities.

Live Young Rewards App LITE



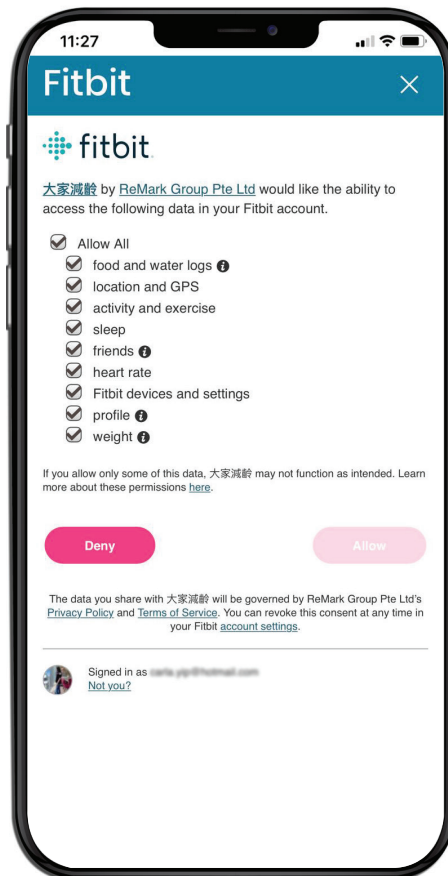
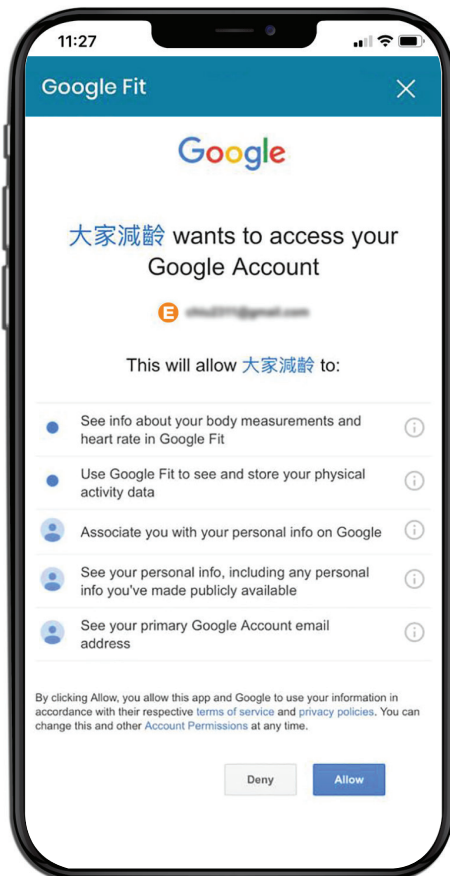
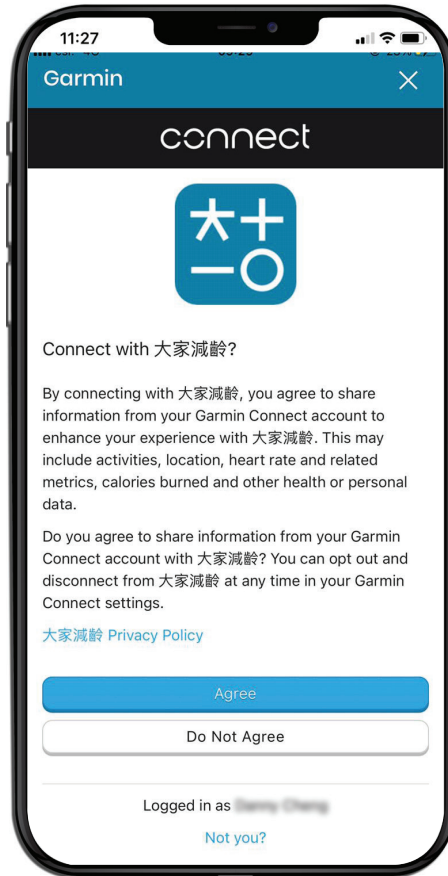
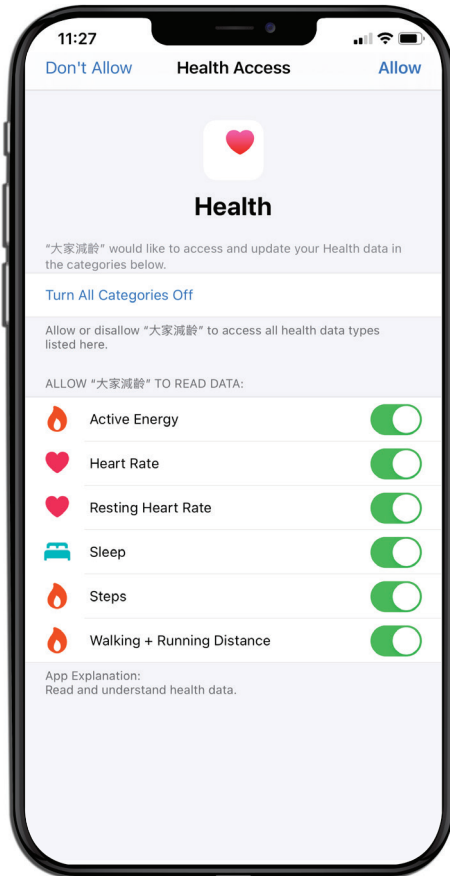
Full Version Live Young Rewards App



In order to provide you with a better experience, the version of the App will be determined according to the type of mobile phone you are using.

OS	Version	Specification	Live Young Rewards App LITE	Full Version Live Young Rewards App
Android	Android 9 or above	Processor: Equal or more than 64-bits; RAM: equal or more than 2GB	-	Y
		Processor: Less than 64-bits; RAM: below 2GB	Y	-
	Below Android 9	Not support		
iOS	iOS15 or above	iPhone 11 or above	-	Y
	iOS13 - 14	Below iPhone 11	Y	-
	Below iOS13	Not support		

You are recommended to click to allow Live Young to read all health data for a more complete calculation of your Bio Age Result.



If you do not have health data app at your mobile device, please download the corresponding health data app from App Store or Google Play according to the type of mobile device you used.

App	iOS	Android	Details
Apple Health	√	-	apple.com/hk/ios/health
Garmin Connect	√	√	connect.garmin.com
Google Fit	-	√	google.com/fit
Fitbit	√	√	fitbit.com/hk/app

If you have smartwatch, please pair your smartwatch with your mobile device. For the procedures of setting and pairing, please refer to the website of the relevant smartwatch.

Smartwatch	Website
Apple Watch	support.apple.com/en-hk/watch
Garmin Watch	support.garmin.com/HK
Fitbit	https://myhelp.fitbit.com/s/home?language=en_US&co=HK

Android Users

STEP 1 Download Google Fit from Google Play

1



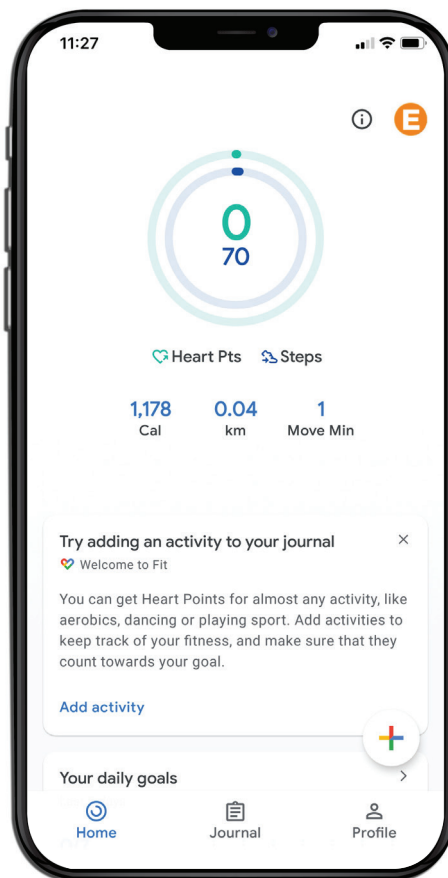
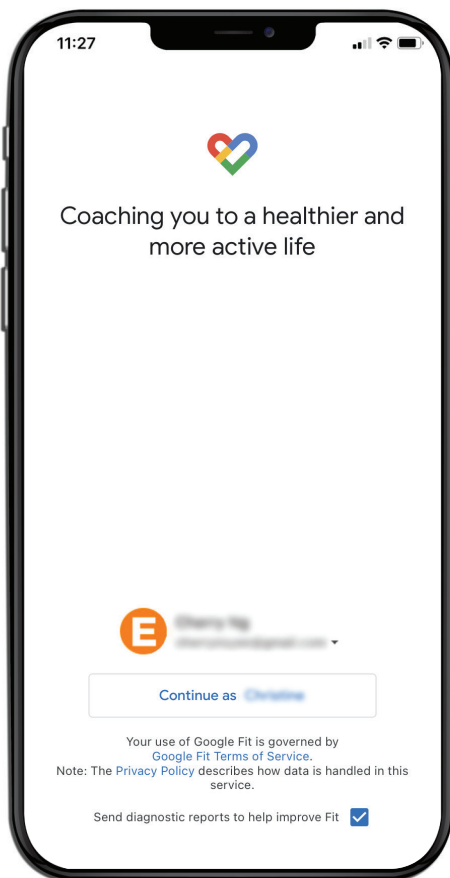
Q Google Fit



Note: Google Play and the Google Play logo are trademarks of Google LLC. Some Huawei mobiles do not support Google Play.

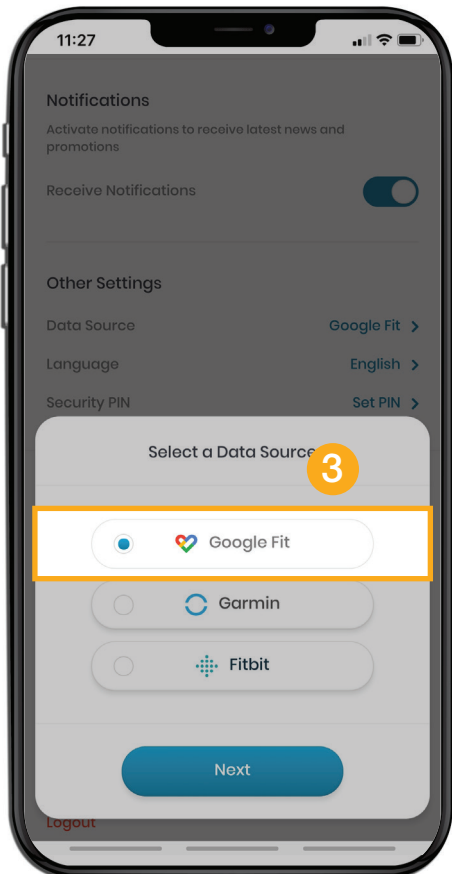
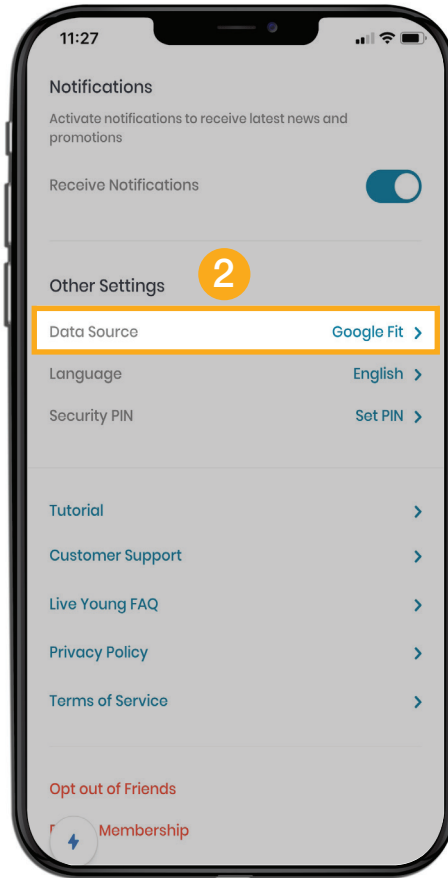
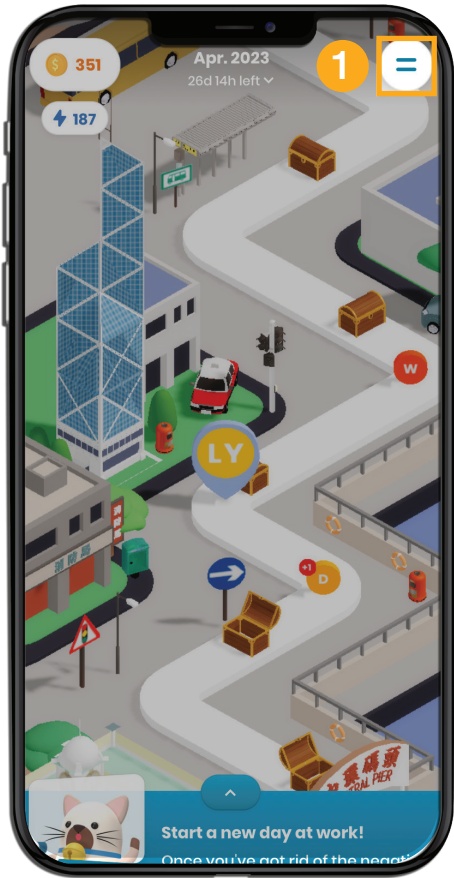
STEP 2 Complete the account setup and activate Google Fit

2

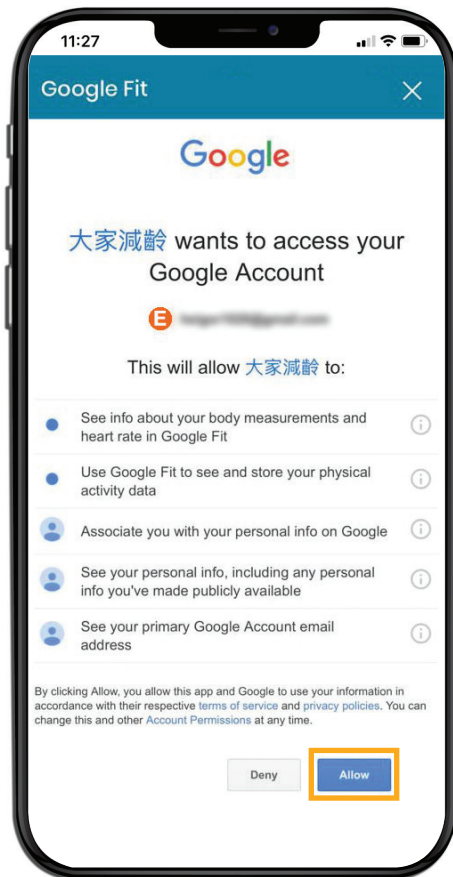


STEP
3

Open the Live Young Rewards App and connect with Google Fit

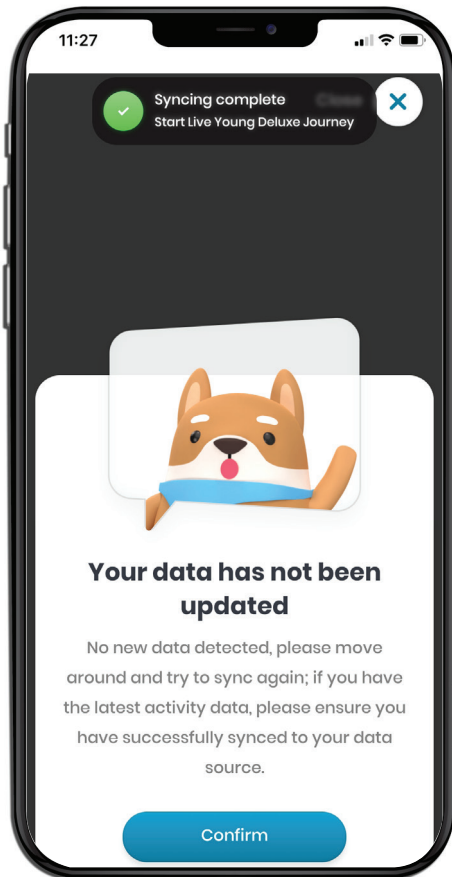


STEP 4 Allow “大家減齡” to access data from Google Fit to complete

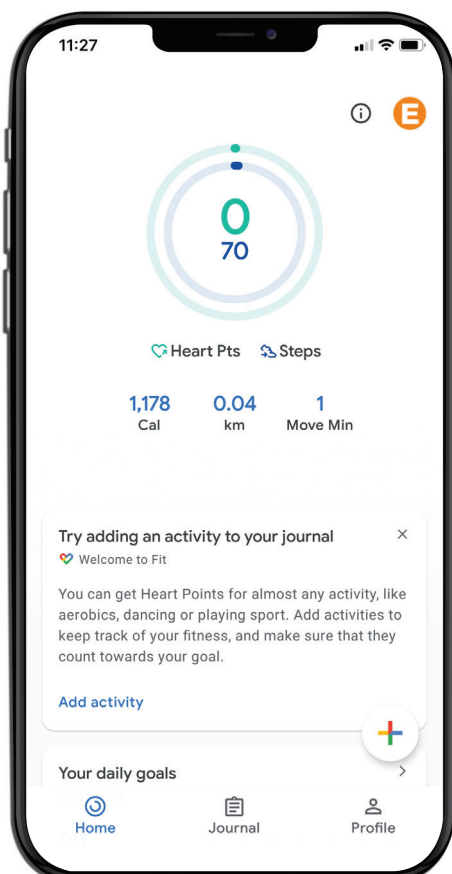


Note: If you have more than one Google account at your mobile device, please select the email address that you used to register Google Fit.

What should I do if I keep seeing this message?



If you still see this message even you have already downloaded and registered Google Fit, please try to open Google Fit and walk for a few steps, so that Google Fit can record your activity data. Next, please open the Live Young Rewards App and click "Try again". Then the connection is done!



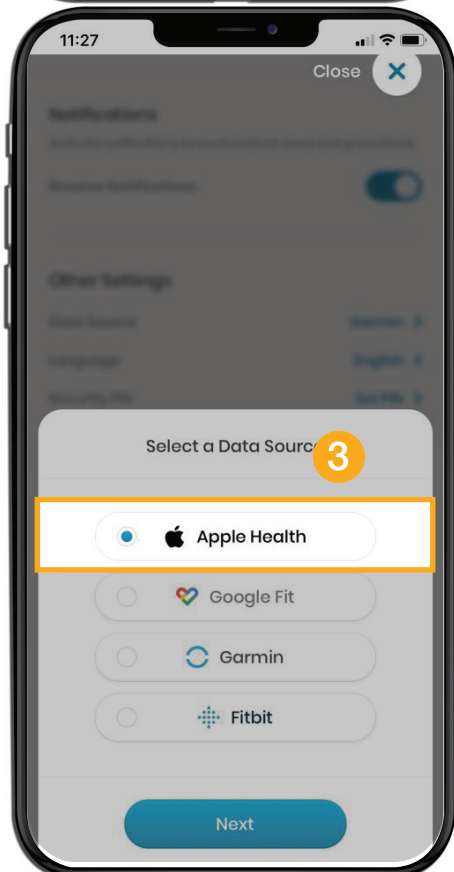
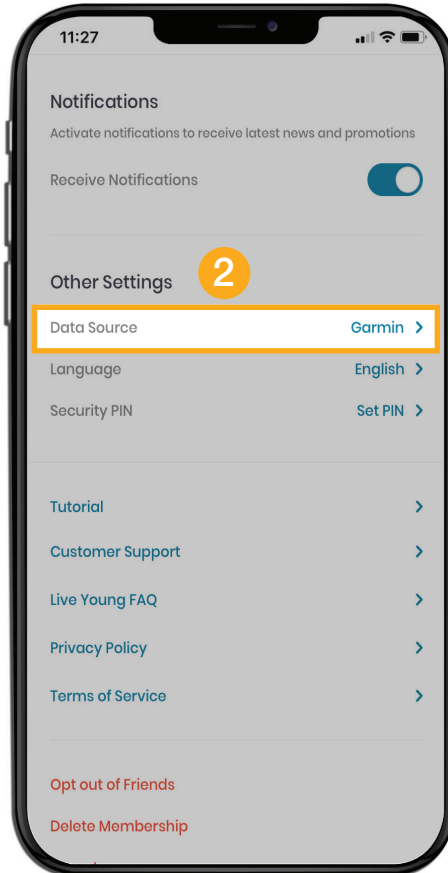
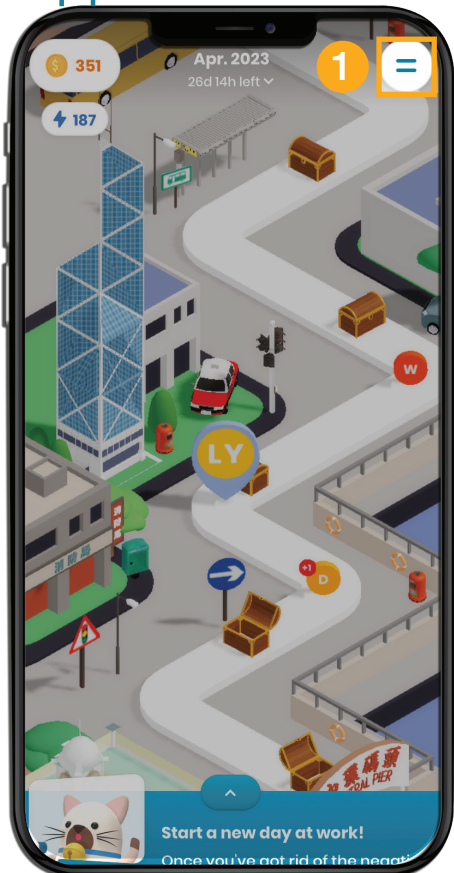
If there is data shown, that means Google Fit has started to record activity data.

Note: Some mobile device / smartwatch brands or models do not support Google Fit.

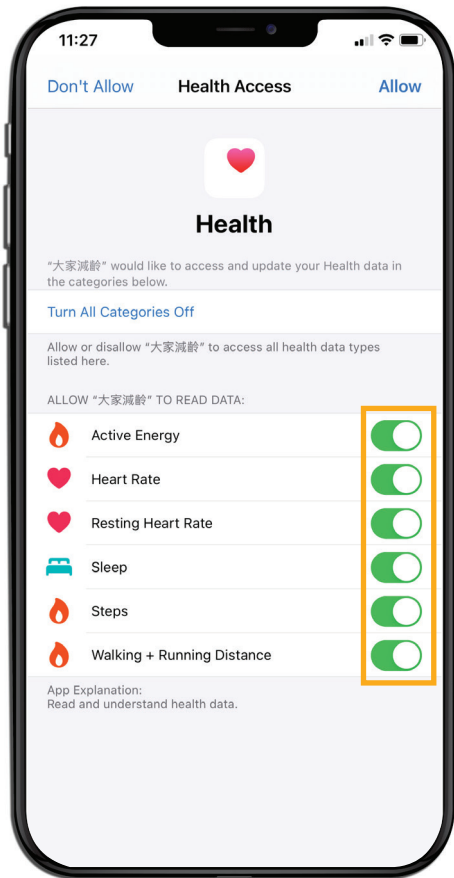
iOS User

STEP
1

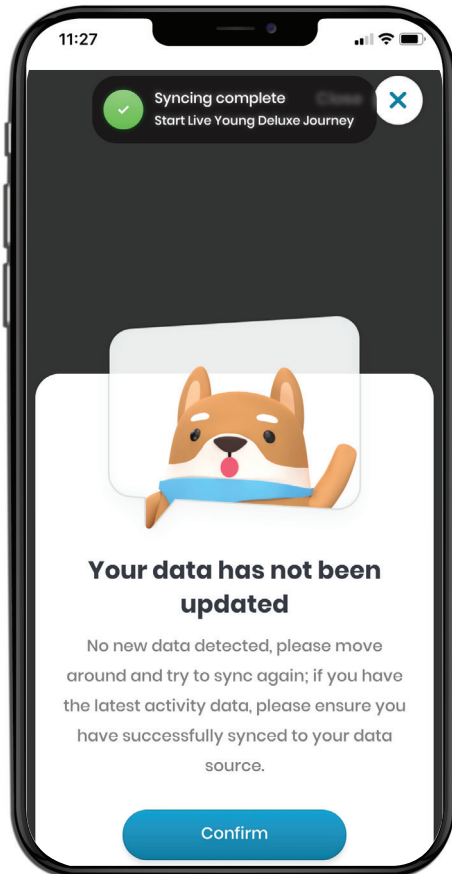
Open the Live Young Rewards App and connect with Apple Health



STEP 2 Allow “大家減齡” to access data from Apple Health to complete



What should I do if I keep seeing this message?



If you have already allowed “大家減齡” to access data from Apple Health, please try to open Apple Health and walk for a few steps, so that Apple Health can record your activity data. Next, please open the Live Young Rewards App and click “Try again”. Then the connection is done!



Live Young Rewards Program is organized by BOC Life

Partners



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